



***RECAPITULATIF  
DES PERFORMANCES  
REGIONALES  
2014***

## PERFORMANCES TOUTES CATEGORIES

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 50ème	Tps 100ème	Tps 150ème	Tps 200ème	Dernière classée
50m nage libre	:25.90	:27.24	:27.76	:28.67	:29.27	:29.78	:30.13	
100m nage libre	:56.20	:58.26	:59.85	1:02.42	1:03.78	1:05.05	1:05.86	
200m nage libre	2:00.51	2:07.54	2:10.10	2:15.41	2:19.23	2:22.61	2:25.56	
400m nage libre	4:13.69	4:29.07	4:36.02	4:45.29	4:56.47	5:02.66	5:09.44	
800m nage libre	8:29.69	9:14.54	9:35.61	10:07.89	10:46.79			12:37.45 (118ème)
1500m nage libre	16:35.41	17:50.26	18:44.47					22:17.16 (46ème)
50m dos	:29.56	:31.25	:31.79	:32.77	:33.86	:34.72	:35.63	
100m dos	1:03.22	1:07.03	1:08.46	1:10.80	1:13.58	1:15.79	1:17.47	
200m dos	2:19.26	2:25.50	2:28.43	2:35.54	2:41.26	2:47.24	2:56.53	
50m brasse	:33.40	:34.54	:35.19	:36.61	:38.23	:39.65	:40.57	
100m brasse	1:11.45	1:14.99	1:17.21	1:20.52	1:24.21	1:28.11	1:31.21	
200m brasse	2:32.59	2:43.95	2:47.73	2:55.42	3:05.10	3:17.29	3:32.69	
50m papillon	:27.74	:29.12	:29.36	:30.66	:31.66	:32.51	:33.21	
100m papillon	1:01.38	1:04.44	1:06.63	1:09.59	1:12.71	1:15.81	1:19.18	
200m papillon	2:10.50	2:26.99	2:33.52	2:44.24	3:14.19			3:38.31 (114ème)
200m 4 nages	2:17.00	2:26.30	2:28.60	2:33.66	2:38.66	2:41.70	2:44.77	
400m 4 nages	4:48.45	5:11.72	5:20.91	5:38.97	6:46.50			6:57.36 (102ème)

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 50ème	Tps 100ème	Tps 150ème	Tps 200ème	Dernier classé
50m nage libre	:23.72	:24.19	:24.45	:25.22	:25.77	:26.18	:26.63	
100m nage libre	:51.73	:52.39	:53.85	:54.97	:56.16	:57.15	:57.80	
200m nage libre	1:52.04	1:55.43	1:57.18	2:00.52	2:03.94	2:06.94	2:09.22	
400m nage libre	3:51.77	4:03.36	4:10.47	4:21.40	4:29.12	4:34.65	4:42.63	
800m nage libre	7:56.77	8:35.09	8:49.62	9:07.09	9:37.74			12:17.09 (139ème)
1500m nage libre	15:17.03	16:11.10	16:48.99	17:28.35	18:50.49			20:48.10 (120ème)
50m dos	:26.14	:27.79	:28.32	:29.12	:30.20	:31.18	:31.89	
100m dos	:56.37	:59.45	1:00.50	1:03.21	1:05.33	1:07.88	1:10.29	
200m dos	2:03.51	2:08.97	2:11.40	2:17.94	2:23.77	2:30.92	2:38.37	
50m brasse	:28.56	:30.03	:30.89	:32.13	:33.52	:34.55	:35.86	
100m brasse	1:03.14	1:06.47	1:08.12	1:11.89	1:15.36	1:18.48	1:21.93	
200m brasse	2:16.10	2:25.45	2:29.94	2:37.20	2:48.75	3:02.72	3:35.57	
50m papillon	:24.69	:25.80	:26.13	:26.94	:27.56	:28.13	:28.61	
100m papillon	:53.67	:57.28	:58.06	1:00.24	1:02.56	1:04.45	1:06.29	
200m papillon	1:56.95	2:09.03	2:12.05	2:20.87	2:32.77	2:50.16		
200m 4 nages	2:03.91	2:12.29	2:14.70	2:18.95	2:23.23	2:26.59	2:29.79	
400m 4 nages	4:25.06	4:44.17	4:50.94	5:03.50	5:18.20	5:43.75		6:47.37 (165ème)

## PERFORMANCES 17 ANS

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 30ème	Dernière classée
50m nage libre	:27.13	:28.86	:29.60	:30.14	
100m nage libre	:57.54	1:02.46	1:03.76	1:04.45	
200m nage libre	2:06.55	2:14.16	2:19.44	2:23.70	
400m nage libre	4:25.27	4:44.70	5:05.08	5:45.47	
800m nage libre	9:14.33	10:20.83			10:42.47 (12ème)
1500m nage libre	17:45.25				19:16.49 (5ème)
50m dos	:30.15	:32.79	:34.46	:36.32	
100m dos	1:03.64	1:11.93	1:15.69	1:18.50	
200m dos	2:19.26	2:36.83	2:44.31	2:59.78	
50m brasse	:34.13	:35.71	:38.40	:42.25	
100m brasse	1:13.54	1:20.11	1:27.61	1:38.05	
200m brasse	2:37.20	2:55.18	3:19.53		3:40.66 (22ème)
50m papillon	:28.85	:30.95	:32.06	:32.62	
100m papillon	1:04.44	1:09.93	1:14.81	1:17.45	
200m papillon	2:28.06	2:56.69			3:17.87 (13ème)
200m 4 nages	2:23.25	2:32.94	2:38.43	2:44.43	
400m 4 nages	5:00.42	5:52.10			6:18.81 (12ème)

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 30ème	Dernier classé
50m nage libre	:24.19	:25.74	:26.11	:26.67	
100m nage libre	:51.73	:55.24	:56.90	:57.50	
200m nage libre	1:55.45	2:00.62	2:04.01	2:07.65	
400m nage libre	4:02.35	4:20.47	4:27.39	4:38.90	
800m nage libre	8:23.14	9:05.70			10:32.00 (19ème)
1500m nage libre	15:47.87	17:25.28			19:19.72 (14ème)
50m dos	:27.82	:29.55	:30.70	:31.67	
100m dos	:59.48	1:04.75	1:06.29	1:09.37	
200m dos	2:07.28	2:17.94	2:25.30	2:36.53	
50m brasse	:30.62	:31.87	:33.31	:34.74	
100m brasse	1:06.47	1:09.41	1:12.96	1:18.34	
200m brasse	2:22.42	2:32.36	2:44.89		3:06.74 (28ème)
50m papillon	:25.87	:27.22	:27.77	:28.51	
100m papillon	:57.69	1:00.91	1:03.15	1:05.34	
200m papillon	2:04.06	2:22.98	2:42.87		3:00.62 (23ème)
200m 4 nages	2:06.12	2:16.82	2:23.18	2:26.59	
400m 4 nages	4:35.46	4:58.21	5:10.20		5:40.92 (26ème)

## PERFORMANCES 16 ANS

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 30ème	Dernière classée
50m nage libre	:27.76	:28.94	:29.63	:30.00	
100m nage libre	:59.47	1:03.20	1:04.46	1:05.26	
200m nage libre	2:07.23	2:15.94	2:19.70	2:23.41	
400m nage libre	4:26.53	4:48.08	4:55.57	5:09.05	
800m nage libre	9:02.76	9:59.86			11:14.84 (17ème)
1500m nage libre	17:26.17				20:18.78 (7ème)
50m dos	:31.06	:32.81	:34.28	:35.65	
100m dos	1:06.73	1:11.30	1:14.47	1:16.39	
200m dos	2:23.28	2:36.90	2:45.55	2:53.89	
50m brasse	:34.07	:36.49	:38.01	:40.46	
100m brasse	1:14.99	1:20.17	1:23.46	1:29.49	
200m brasse	2:43.95	2:57.13	3:02.96	3:20.05	
50m papillon	:29.30	:31.46	:32.03	:33.20	
100m papillon	1:03.63	1:09.90	1:14.67	1:20.79	
200m papillon	2:21.51	2:44.24			3:12.62 (14ème)
200m 4 nages	2:23.97	2:33.88	2:39.63	2:44.68	
400m 4 nages	5:07.06	5:33.53			6:35.84 (19ème)

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 30ème	Dernier classé
50m nage libre	:24.72	:25.66	:26.44	:26.83	
100m nage libre	:53.42	:55.66	:57.73	:58.56	
200m nage libre	1:55.43	2:01.49	2:04.80	2:07.85	
400m nage libre	4:03.36	4:21.63	4:27.56	4:33.24	
800m nage libre	8:26.20	9:00.15	9:28.04		10:03.41 (22ème)
1500m nage libre	16:16.47	17:22.36			18:43.27 (19ème)
50m dos	:28.34	:29.84	:30.83	:31.68	
100m dos	1:00.50	1:04.09	1:06.48	1:08.48	
200m dos	2:13.44	2:19.83	2:25.93	2:29.81	
50m brasse	:30.97	:33.33	:34.51	:36.24	
100m brasse	1:07.98	1:13.43	1:17.65	1:25.98	
200m brasse	2:26.14	2:41.64	2:56.92		3:20.96 (25ème)
50m papillon	:26.10	:27.31	:28.21	:28.60	
100m papillon	:58.51	1:02.17	1:04.58	1:06.26	
200m papillon	2:08.43	2:24.50	2:30.67	2:49.97	
200m 4 nages	2:16.05	2:21.02	2:23.99	2:27.59	
400m 4 nages	4:49.70	5:06.82	5:17.90	6:25.95	

## PERFORMANCES 15 ANS

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 30ème	Dernière classée
50m nage libre	:27.41	:29.04	:29.40	:29.87	
100m nage libre	:58.98	1:02.74	1:04.08	1:05.14	
200m nage libre	2:07.54	2:16.06	2:18.53	2:22.12	
400m nage libre	4:36.02	4:43.59	4:55.30	5:00.54	
800m nage libre	9:32.52	10:09.52	10:32.49	10:55.88	
1500m nage libre	18:01.79	20:15.71			21:53.01 (14ème)
50m dos	:30.57	:32.92	:33.65	:34.36	
100m dos	1:04.92	1:11.04	1:12.96	1:14.60	
200m dos	2:22.15	2:35.88	2:38.20	2:40.52	
50m brasse	:35.01	:36.95	:38.60	:39.79	
100m brasse	1:17.77	1:20.79	1:24.01	1:27.96	
200m brasse	2:49.05	2:53.34	3:03.50	3:10.10	
50m papillon	:29.78	:31.26	:32.00	:32.75	
100m papillon	1:05.32	1:10.70	1:13.80	1:15.57	
200m papillon	2:31.07	2:48.21	2:59.94		3:38.31 (25ème)
200m 4 nages	2:28.60	2:37.25	2:39.82	2:42.36	
400m 4 nages	5:12.83	5:38.75	5:56.25		6:57.36 (29ème)

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 30ème	Dernier classé
50m nage libre	:24.92	:25.90	:26.93	:27.06	
100m nage libre	:54.51	:56.70	:57.46	:58.73	
200m nage libre	1:58.33	2:03.70	2:07.54	2:10.03	
400m nage libre	4:07.91	4:25.17	4:32.07	4:36.34	
800m nage libre	8:35.09	9:14.98	9:30.23	9:41.27	
1500m nage libre	16:09.59	17:30.15	18:20.37	18:56.07	
50m dos	:27.79	:29.54	:30.43	:31.58	
100m dos	:59.05	1:03.80	1:06.11	1:08.18	
200m dos	2:10.14	2:18.95	2:21.26	2:27.74	
50m brasse	:31.24	:33.63	:34.19	:35.96	
100m brasse	1:08.21	1:14.01	1:17.28	1:20.82	
200m brasse	2:27.91	2:42.58	2:53.81	3:16.87	
50m papillon	:27.18	:28.04	:28.85	:29.46	
100m papillon	1:01.02	1:03.69	1:04.96	1:06.90	
200m papillon	2:17.96	2:32.51	2:38.26	3:06.90	
200m 4 nages	2:16.42	2:22.72	2:24.43	2:28.24	
400m 4 nages	4:53.88	5:10.77	5:18.61	5:22.64	

## PERFORMANCES 14 ANS

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 30ème	Dernière classée
50m nage libre	:27.30	:29.44	:30.01	:30.28	
100m nage libre	:58.96	1:03.84	1:05.83	1:06.79	
200m nage libre	2:08.68	2:18.89	2:22.87	2:25.62	
400m nage libre	4:34.03	4:52.49	4:59.45	5:04.67	
800m nage libre	9:22.39	10:07.89	10:38.95	11:37.00	
1500m nage libre	17:49.11	21:42.10			22:17.16 (12ème)
50m dos	:31.25	:33.71	:35.08	:36.25	
100m dos	1:07.03	1:11.49	1:14.65	1:16.99	
200m dos	2:26.94	2:33.84	2:41.26	2:45.73	
50m brasse	:34.55	:37.46	:38.83	:40.46	
100m brasse	1:15.70	1:21.45	1:25.59	1:29.07	
200m brasse	2:42.22	2:55.84	3:06.20	3:15.15	
50m papillon	:29.26	:31.80	:32.98	:33.75	
100m papillon	1:06.92	1:11.65	1:17.03	1:19.68	
200m papillon	2:26.36	2:50.67	3:02.13		3:37.01 (29ème)
200m 4 nages	2:26.89	2:39.10	2:43.81	2:45.01	
400m 4 nages	5:06.74	5:48.41	6:33.82		

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 30ème	Dernier classé
50m nage libre	:25.83	:26.98	:27.81	:28.04	
100m nage libre	:56.42	:57.81	:59.93	1:01.42	
200m nage libre	1:59.58	2:08.19	2:10.90	2:15.54	
400m nage libre	4:12.55	4:30.97	4:38.51	4:44.93	
800m nage libre	8:49.62	9:18.39	9:46.38	10:16.66	
1500m nage libre	17:16.91	18:00.13	18:47.81		20:48.19 (27ème)
50m dos	:28.57	:31.38	:31.94	:33.32	
100m dos	1:02.11	1:07.45	1:10.24	1:11.91	
200m dos	2:15.19	2:26.13	2:33.53	2:38.37	
50m brasse	:32.12	:34.24	:35.50	:36.95	
100m brasse	1:11.48	1:14.45	1:19.78	1:23.19	
200m brasse	2:34.49	2:46.27	2:58.20	3:06.54	
50m papillon	:26.94	:28.57	:29.80	:31.04	
100m papillon	:59.48	1:05.65	1:08.24	1:12.20	
200m papillon	2:15.29	2:32.77	2:45.14		3:19.34 (26ème)
200m 4 nages	2:18.76	2:24.88	2:30.68	2:33.64	
400m 4 nages	4:54.52	5:09.97	5:33.40		5:56.63 (26ème)

## PERFORMANCES 13 ANS

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 30ème	Dernière classée
50m nage libre	:27.71	:29.77	:30.66	:31.07	
100m nage libre	1:02.60	1:06.23	1:08.92	1:09.80	
200m nage libre	2:16.33	2:34.84	2:44.98	2:51.99	
400m nage libre	4:41.28	4:59.12	5:09.43	5:15.05	
800m nage libre	9:49.33				12:09.83 (4ème)
1500m nage libre	18:36.44				
50m dos	:31.94	:34.08	:35.52	:36.71	
100m dos	1:10.46	1:15.79	1:19.34	1:21.48	
200m dos	2:33.14	2:59.50	3:09.51		3:15.49 (23ème)
50m brasse	:36.03	:38.99	:39.86	:41.08	
100m brasse	1:19.97	1:27.73	1:32.15	1:34.28	
200m brasse	3:07.46	3:25.12			4:01.02 (18ème)
50m papillon	:29.80	:32.52	:33.85	:34.42	
100m papillon	1:07.73	1:16.61	1:20.73	1:26.55	
200m papillon	2:33.40				3:01.21 (3ème)
200m 4 nages	2:30.23	2:39.53	2:44.31	2:47.93	
400m 4 nages	5:17.25				6:51.37 (5ème)

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 30ème	Dernier classé
50m nage libre	:26.99	:28.60	:29.15	:29.66	
100m nage libre	1:01.22	1:04.06	1:05.42	1:06.63	
200m nage libre	2:17.06	2:27.07	2:35.56	2:43.47	
400m nage libre	4:31.83	4:52.04	4:56.90	5:03.12	
800m nage libre					
1500m nage libre					
50m dos	:31.38	:33.54	:34.38	:35.21	
100m dos	1:09.12	1:14.10	1:17.10	1:18.84	
200m dos	2:34.55	2:49.11	3:05.52		3:20.60 (27ème)
50m brasse	:33.75	:36.55	:38.21	:39.17	
100m brasse	1:15.01	1:24.12	1:29.61	1:32.07	
200m brasse	2:58.32	3:17.99	3:50.70		4:03.46 (21ème)
50m papillon	:29.25	:30.99	:32.29	:32.94	
100m papillon	1:09.96	1:13.80	1:16.38	1:20.36	
200m papillon	2:43.62				3:25.26 (7ème)
200m 4 nages	2:26.83	2:34.41	2:38.62	2:41.34	
400m 4 nages	5:40.45				6:25.85 (3ème)

## PERFORMANCES 12 ANS

DAMES	Tps 1ère	Tps 10ème	Tps 20ème	Tps 30ème	Dernière classée
50m nage libre	:28.54	:31.70	:32.43	:32.77	
100m nage libre	1:04.74	1:10.06	1:11.49	1:13.48	
200m nage libre	2:22.38	2:42.62	2:52.36		3:05.64 (26ème)
400m nage libre	4:56.74	5:15.24	5:24.03	5:33.06	
800m nage libre	10:23.21				11:23.39 (2ème)
1500m nage libre					
50m dos	:34.50	:37.33	:38.06	:38.67	
100m dos	1:17.31	1:20.98	1:23.73	1:26.45	
200m dos	2:47.81	3:03.74	3:24.56		3:32.69 (22ème)
50m brasse	:38.90	:40.22	:41.83	:43.69	
100m brasse	1:25.33	1:31.51	1:36.26	1:37.73	
200m brasse	3:03.30	3:28.29			3:46.82 (14ème)
50m papillon	:30.79	:35.27	:36.24	:37.01	
100m papillon	1:11.07	1:21.40	1:28.55	1:32.09	
200m papillon	2:47.56	3:30.67			
200m 4 nages	2:39.49	2:48.47	2:53.10	2:57.28	
400m 4 nages	5:52.73				6:21.93 (2ème)

HOMMES	Tps 1er	Tps 10ème	Tps 20ème	Tps 30ème	Dernier classé
50m nage libre	:28.61	:30.22	:30.83	:31.64	
100m nage libre	1:05.55	1:07.66	1:10.39	1:11.11	
200m nage libre	2:25.48	2:40.18	2:49.11		3:12.46 (24ème)
400m nage libre	4:48.31	5:05.54	5:10.70	5:19.97	
800m nage libre	11:44.96				12:17.09 (3ème)
1500m nage libre					
50m dos	:33.56	:35.49	:36.77	:37.56	
100m dos	1:14.34	1:18.47	1:21.97	1:23.96	
200m dos	2:48.16	3:08.98			3:25.19 (17ème)
50m brasse	:36.31	:40.33	:41.27	:43.49	
100m brasse	1:24.04	1:33.71	1:39.15	1:42.59	
200m brasse	3:07.33	3:42.08			3:55.59 (13ème)
50m papillon	:30.01	:32.52	:33.98	:34.99	
100m papillon	1:12.91	1:20.46	1:26.61	1:31.07	
200m papillon	2:52.73				
200m 4 nages	2:30.63	2:44.44	2:47.65	2:51.29	
400m 4 nages	5:58.37				6:47.37 (7ème)