

**Championnats régionaux hiver des 25 et 26 novembre 2017**  
**Temps à réaliser avant le 13 novembre 2017**  
**Version 2 du 16 octobre 2017**

(Les temps réalisés en bassin de 50m ne seront pas convertis)

<b>DAMES</b>					
<b>Tout bassin</b>	<b>14 ans</b>	<b>15 ans</b>	<b>16 ans</b>	<b>17 ans</b>	<b>18 ans et +</b>
<b>50m Nage libre</b>	00:31,36	00:31,36	00:30,53	00:30,53	00:29,94
<b>100m Nage libre</b>	01:07,96	01:07,96	01:05,84	01:05,84	01:04,63
<b>200m Nage libre</b>	02:27,31	02:27,31	02:22,23	02:22,23	02:19,80
<b>400m Nage libre</b>	05:09,96	05:09,96	05:00,27	05:00,27	04:55,65
<b>800m Nage libre</b>	10:45,61	10:45,61	10:21,96	10:21,96	10:11,34
<b>1500m nage libre</b>	21:19,18	21:19,18	20:01,00	20:01,00	19:35,73
<b>50m Dos</b>	00:36,84	00:36,84	00:35,39	00:35,39	00:34,69
<b>100m Dos</b>	01:18,96	01:18,96	01:15,82	01:15,82	01:14,39
<b>200m Dos</b>	02:48,53	02:48,53	02:42,61	02:42,61	02:39,93
<b>50m Brasse</b>	00:41,86	00:41,86	00:39,76	00:39,76	00:38,79
<b>100m Brasse</b>	01:30,28	01:30,28	01:26,42	01:26,42	01:24,26
<b>200m Brasse</b>	03:13,98	03:13,98	03:05,61	03:05,61	03:01,84
<b>50m Papillon</b>	00:34,28	00:34,28	00:32,88	00:32,88	00:32,15
<b>100m Papillon</b>	01:19,02	01:19,02	01:14,44	01:14,44	01:12,45
<b>200m Papillon</b>	03:10,09	03:10,09	02:54,04	02:54,04	02:48,59
<b>200m 4 Nages</b>	02:47,43	02:47,43	02:42,09	02:42,09	02:39,37
<b>400m 4 Nages</b>	06:01,78	06:01,78	05:46,40	05:46,40	05:39,81
<b>MESSIEURS</b>					
<b>Tout bassin</b>	<b>15 ans</b>	<b>16 ans</b>	<b>17 ans</b>	<b>18 ans</b>	<b>19 ans et +</b>
<b>50m Nage libre</b>	00:28,22	00:28,22	00:27,24	00:27,24	00:26,46
<b>100m Nage libre</b>	01:00,98	01:00,98	00:58,92	00:58,92	00:57,29
<b>200m Nage libre</b>	02:13,23	02:13,23	02:08,38	02:08,38	02:05,24
<b>400m Nage libre</b>	04:43,08	04:43,08	04:33,77	04:33,77	04:28,44
<b>800m Nage libre</b>	09:37,10	09:37,10	09:19,87	09:19,87	09:09,47
<b>1500m nage libre</b>	19:16,60	19:16,60	18:26,37	18:26,37	18:01,62
<b>50m Dos</b>	00:33,52	00:33,52	00:31,92	00:31,92	00:31,03
<b>100m Dos</b>	01:11,82	01:11,82	01:08,45	01:08,45	01:06,72
<b>200m Dos</b>	02:34,25	02:34,25	02:27,38	02:27,38	02:24,22
<b>50m Brasse</b>	00:37,77	00:37,77	00:35,37	00:35,37	00:34,03
<b>100m Brasse</b>	01:23,24	01:23,24	01:17,93	01:17,93	01:14,83
<b>200m Brasse</b>	03:02,77	03:02,77	02:50,74	02:50,74	02:44,30
<b>50m Papillon</b>	00:30,45	00:30,45	00:29,09	00:29,09	00:28,17
<b>100m Papillon</b>	01:08,88	01:08,88	01:05,01	01:05,01	01:02,76
<b>200m Papillon</b>	02:53,42	02:53,42	02:32,67	02:32,67	02:25,87
<b>200m 4 Nages</b>	02:31,85	02:31,85	02:26,47	02:26,47	02:22,99
<b>400m 4 Nages</b>	05:28,45	05:28,45	05:15,12	05:15,12	05:07,53