

Planning

J1 : Di 21/01/2018 - R1 (OP : 14h00 - DE : 15h01)

| | |
|--|-------|
| <i>Ouverture des portes, début de l'échauffement</i> | 14:00 |
| <i>Fin de l'échauffement, évacuation du bassin</i> | 14:55 |
| <i>Les séries des 800 NL et 1500 NL seront doublées sous réserve d'avoir assez d'officiels</i> | 15:00 |
| 1. 800 Nage Libre Dames (2 Séries) | 15:01 |
| 2. 1500 Nage Libre Messieurs (2 Séries) | 15:33 |
| <i>Pause de 20 minutes</i> | 16:35 |
| 3. 400 4 Nages Dames (1 Série) | 16:55 |
| 4. 400 4 Nages Messieurs (3 Séries) | 17:04 |
| <i>Pause de 15 minutes</i> | 17:32 |
| <i>(Les séries des Relais seront peut-être regroupées, décision sur place)</i> | 17:47 |
| 5. 4x200 Nage Libre Dames (1 Série) | 17:48 |
| 6. 4x200 Nage Libre Messieurs (1 Série) | 18:00 |
| 7. 4x200 Nage Libre Mixtes (1 Série) | 18:11 |
| <i>Fin de la réunion</i> | 18:23 |

Programme

Ouverture des portes, début de l'échauffement

Fin de l'échauffement, évacuation du bassin

Les séries des 800 NL et 1500 NL seront doublées sous réserve d'avoir assez d'officiels

800 Nage Libre Dames (Séries 1/2)

| | | | | |
|--------------------------------|---------|-----|------------------------|-----------|
| 1G. LANGHADE COUSSIEU Beatrice | 1969-C5 | FRA | SN VERSAILLES | AT |
| 1D. | | | | |
| 2G. DURANT-MATOUSSI Zina | 1990-C1 | FRA | SCA 2000 EVRY | AT |
| 2D. | | | | |
| 3G. GALL-FAIVRE Isabelle | 1957-C8 | FRA | SN VERSAILLES | AT |
| 3D. ANJOLRAS Christine | 1967-C6 | FRA | SN VERSAILLES | AT |
| 4G. DEVILLE Pauline | 1992-C1 | FRA | SCA 2000 EVRY | AT |
| 4D. RIBOT Marine | 1987-C2 | FRA | PARIS AQUATIQUE | AT |
| 5G. PEREIRA Mariana | 1973-C5 | FRA | NEPTUNE CLUB DE FRANCE | AT |
| 5D. MONFRAY Valérie | 1976-C4 | FRA | CS LES LILAS NATATION | AT |
| 6G. BROUARD Lisa | 1988-C2 | FRA | CN VIRY-CHÂTILLON | AT |
| 6D. | | | | |
| 7G. RENARD Valerie | 1967-C6 | FRA | SN VERSAILLES | AT |
| 7D. | | | | |
| 8G. BOUDRY Petra | 1965-C6 | FRA | SCA 2000 EVRY | AT |
| 8D. | | | | |

800 Nage Libre Dames (Séries 2/2)

| | | | | |
|--------------------------------|---------|-----|--------------------------------|-----------------|
| 1G. FABREGA Aurore | 1989-C1 | FRA | RSC MONTREUIL | 12:07.64 |
| 1D. LASSERRE Marcelle | 1972-C5 | FRA | SCA 2000 EVRY | AT |
| 2G. DESPOUY Tiphaine | 1983-C3 | FRA | SN FRANCONVILLE | 11:44.43 |
| 2D. TAJIRI Isabelle | 1965-C6 | FRA | SN VERSAILLES | AT |
| 3G. SCHWAEDERLÉ Pascale | 1965-C6 | FRA | ASN LOUVRES-ROISSY-SURVILLIERS | 11:33.04 |
| 3D. VILLAR-LEMONNIER Stephanie | 1970-C5 | FRA | CS LES LILAS NATATION | 15:28.42 |
| 4G. WITTE Sina | 1977-C4 | GER | PARIS AQUATIQUE | 10:48.61 |
| 4D. JOLLY Estelle | 1963-C7 | FRA | ETOILE SAINT-LEU NATATION | 14:26.59 |
| 5G. DAVID Christine | 1967-C6 | FRA | EN LONGJUMEAU | 10:56.30 |
| 5D. CHEREAU Catherine | 1963-C7 | FRA | ETOILE SAINT-LEU NATATION | 15:14.82 |
| 6G. KOLODZIEJ Lydia | 1975-C4 | FRA | CN PLAISIR | 11:42.24 |
| 6D. PERIE Delphine | 1989-C1 | FRA | BOULOGNE BILLANCOURT NATATION | AT |
| 7G. TISSIER Marie | 1990-C1 | FRA | SN VERSAILLES | 11:58.63 |
| 7D. REBILLARD Amandine | 1987-C2 | FRA | US RIS-ORANGIS | AT |
| 8G. FLEURY Ariane | 1974-C4 | FRA | ES NANTERRE | 12:50.89 |
| 8D. CLECH Stéphanie | 1970-C5 | FRA | ETOILE SAINT-LEU NATATION | AT |

Programme

1500 Nage Libre Messieurs (Séries 1/2)

| | | | | |
|------------------------------------|---------|-----|--------------------------|-----------|
| 1G. ROUSSEL Jean-Luc | 1968-C6 | FRA | JEANNE D'ARC DRANCY | AT |
| 1D. | | | | |
| 2G. MARTIN Geoffroy | 1982-C3 | FRA | SN VERSAILLES | AT |
| 2D. SARAZIN Cedric | 1968-C6 | FRA | NEPTUNE CLUB DE FRANCE | AT |
| 3G. DENIAU Sébastien | 1981-C3 | FRA | PARIS AQUATIQUE | AT |
| 3D. BINDE Eric | 1964-C6 | FRA | CN VIRY-CHÂTILLON | AT |
| 4G. DELIBIE Jacques | 1965-C6 | FRA | PARIS AQUATIQUE | AT |
| 4D. ROZOTTE Claude | 1951-C9 | FRA | AQUA VALLÉE-DE-CHEVREUSE | AT |
| 5G. DIMIER DE LA BRUNETIERE Xavier | 1952-C9 | FRA | SN VERSAILLES | AT |
| 5D. BELFILS Laurent | 1968-C6 | FRA | SN VERSAILLES | AT |
| 6G. SOULOT Marcel | 1978-C4 | FRA | PARIS AQUATIQUE | AT |
| 6D. HERVE Patrick | 1949-C9 | FRA | SN FRANCONVILLE | AT |
| 7G. LAMBERT Stephane | 1986-C2 | FRA | USM MALAKOFF | AT |
| 7D. | | | | |
| 8G. POULAIN Philippe | 1982-C3 | FRA | EN LONGJUMEAU | AT |
| 8D. | | | | |

1500 Nage Libre Messieurs (Séries 2/2)

| | | | | |
|-------------------------------|---------|-----|---------------------------|-----------------|
| 1G. BLONDEAU Fabien | 1978-C4 | FRA | CSN GUYANCOURT | 23:13.30 |
| 1D. BUFFIER Lionel | 1971-C5 | FRA | CA ORSAY | AT |
| 2G. LE MASSON Yann | 1982-C3 | FRA | MOUETTES DE PARIS | 21:21.84 |
| 2D. HOLDERBACH Olivier | 1982-C3 | FRA | SN VERSAILLES | AT |
| 3G. HOUBRE Mathieu | 1986-C2 | FRA | US RIS-ORANGIS | 19:04.41 |
| 3D. PICHOT Frédéric | 1968-C6 | FRA | US RIS-ORANGIS | 25:10.58 |
| 4G. PITOT Alexandre | 1984-C2 | FRA | CN VIRY-CHÂTILLON | 16:58.75 |
| 4D. COELEMBIER Luc | 1961-C7 | FRA | ETOILE SAINT-LEU NATATION | 24:22.39 |
| 5G. LENORMAND Jean-Christophe | 1973-C5 | FRA | SN FRANCONVILLE | 18:12.81 |
| 5D. BONUCCELLI Renaud | 1960-C7 | FRA | EN LONGJUMEAU | 24:36.65 |
| 6G. GAGNAIRE Thierry | 1965-C6 | FRA | SN VERSAILLES | 20:45.48 |
| 6D. MORRI Jean-Pierre | 1956-C8 | FRA | ACS CORMEILLES | 29:57.40 |
| 7G. PRETE Stéphane | 1969-C5 | FRA | JEANNE D'ARC DRANCY | 22:02.49 |
| 7D. ARNAUDIES Frédéric | 1973-C5 | FRA | USM MALAKOFF | AT |
| 8G. FRANÇOIS Jean-Eric | 1966-C6 | FRA | PARIS AQUATIQUE | 23:33.35 |
| 8D. KOPP Christian | 1969-C5 | FRA | SN VERSAILLES | AT |

Pause de 20 minutes

Programme

400 4 Nages Dames (Série)

| | | | | | |
|----|-------------------|---------|-----|---------------------------|----------------|
| 1. | | | | | |
| 2. | MONFRAY Valérie | 1976-C4 | FRA | CS LES LILAS NATATION | AT |
| 3. | MATTE Marie-Josée | 1960-C7 | CAN | ES NANTERRE | 7:18.83 |
| 4. | FABREGA Aurore | 1989-C1 | FRA | RSC MONTREUIL | 6:35.79 |
| 5. | ROYER Sophie | 1959-C7 | FRA | SN VERSAILLES | 7:07.83 |
| 6. | CLECH Stéphanie | 1970-C5 | FRA | ETOILE SAINT-LEU NATATION | 8:05.93 |
| 7. | | | | | |
| 8. | | | | | |

400 4 Nages Messieurs (Séries 1/3)

| | | | | | |
|----|--------------------|---------|-----|-------------------|-----------|
| 1. | | | | | |
| 2. | | | | | |
| 3. | BUFFIER Lionel | 1971-C5 | FRA | CA ORSAY | AT |
| 4. | GOUBAULT Alexandre | 1980-C3 | FRA | SN MONTGERON | AT |
| 5. | GIRARD Alexandre | 1985-C2 | FRA | CN VIRY-CHÂTILLON | AT |
| 6. | | | | | |
| 7. | | | | | |
| 8. | | | | | |

400 4 Nages Messieurs (Séries 2/3)

| | | | | | |
|----|--------------------------------|---------|-----|------------------------|----------------|
| 1. | HOLDERBACH Olivier | 1982-C3 | FRA | SN VERSAILLES | AT |
| 2. | LORETO Federico | 1978-C4 | ITA | NEPTUNE CLUB DE FRANCE | AT |
| 3. | COQUARD Didier | 1970-C5 | FRA | CN PLAISIR | 7:38.01 |
| 4. | SARAZIN Cedric | 1968-C6 | FRA | NEPTUNE CLUB DE FRANCE | 6:23.59 |
| 5. | TAKLANTI Hakim | 1986-C2 | FRA | SN VERSAILLES | 6:56.09 |
| 6. | DIMIER DE LA BRUNETIERE Xavier | 1952-C9 | FRA | SN VERSAILLES | 9:53.46 |
| 7. | FAVENE Jean-Luc | 1967-C6 | FRA | CN VIRY-CHÂTILLON | AT |
| 8. | | | | | |

400 4 Nages Messieurs (Séries 3/3)

| | | | | | |
|----|------------------|---------|-----|-------------------|----------------|
| 1. | BOURDON Laurent | 1971-C5 | FRA | CN VIRY-CHÂTILLON | 6:01.80 |
| 2. | REUGE Stephan | 1966-C6 | FRA | SN MONTGERON | 5:53.78 |
| 3. | SADI Said | 1979-C3 | FRA | SN FRANCONVILLE | 5:42.37 |
| 4. | DOUCET Florent | 1984-C2 | FRA | SN MONTGERON | 5:23.41 |
| 5. | MADEC Frederic | 1976-C4 | FRA | PARIS AQUATIQUE | 5:39.38 |
| 6. | RECLUS Benjamin | 1986-C2 | FRA | CN VIRY-CHÂTILLON | 5:43.66 |
| 7. | LE MASSON Yann | 1982-C3 | FRA | MOUETTES DE PARIS | 6:01.13 |
| 8. | GAGNAIRE Thierry | 1965-C6 | FRA | SN VERSAILLES | 6:04.76 |

Pause de 15 minutes

(Les séries des Relais seront peut-être regroupées, décision sur place)

Programme

4x200 Nage Libre Dames (Série)

| | | | | | |
|----|----------------------------|---------|-----|------------------|-----------------|
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
| 4. | TAJIRI Isabelle | 1965-R4 | FRA | R4 SN VERSAILLES | 11:46.00 |
| | ROYER Sophie | 1959-R4 | FRA | | |
| | ANJOLRAS Christine | 1967-R4 | FRA | | |
| | LANGHADE COUSSIEU Beatrice | 1969-R4 | FRA | | |
| 5. | | | | | |
| 6. | | | | | |
| 7. | | | | | |
| 8. | | | | | |

4x200 Nage Libre Messieurs (Série)

| | | | | | |
|----|--------------------|---------|-----|----------------------|-----------------|
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
| 4. | PROVOT Christophe | 1972-R3 | FRA | R3 CN VIRY-CHÂTILLON | 9:15.82 |
| | KNODEL Dominique | 1965-R3 | FRA | | |
| | BOURDON Laurent | 1971-R3 | FRA | | |
| | BRAHIM Lionel | 1971-R3 | FRA | | |
| 5. | RODRIGUES Philippe | 1990-R2 | FRA | R2 PARIS AQUATIQUE | 10:10.00 |
| | DENIAU Sébastien | 1981-R2 | FRA | | |
| | DECANTER Matthias | 1977-R2 | FRA | | |
| | DELIBIE Jacques | 1965-R2 | FRA | | |
| 6. | | | | | |
| 7. | | | | | |
| 8. | | | | | |

4x200 Nage Libre Mixtes (Série)

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|----|---------------------|---------|-----|------------------------|-----------------|
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | R3 JEANNE D'ARC DRANCY | 11:00.00 |
| 4. | CAZAL Caroline | 1981-R3 | FRA | R3 CN VIRY-CHÂTILLON | 9:16.77 |
| | SUGRANES Mélia | 1990-R3 | FRA | | |
| | KABICHE Laurent | 1967-R3 | FRA | | |
| | BOCQUILLON Philippe | 1962-R3 | FRA | | |
| 5. | RIBOT Marine | 1987-R3 | FRA | R3 PARIS AQUATIQUE | 10:30.00 |
| | FRANÇOIS Jean-Eric | 1966-R3 | FRA | | |
| | WITTE Sina | 1977-R3 | GER | | |
| | MADEC Frederic | 1976-R3 | FRA | | |
| 6. | | | | | |
| 7. | | | | | |
| 8. | | | | | |

Programme

Fin de la réunion