

LA FÉDÉRATION FRANÇAISE DE NATATION PRÉSENTE

FFN
GOLDEN
TOUR
Camille Muffat

AXEL REYMOND

MEETING PARIS SARCELLES

9.10.11 MARS 2018

CNEWS **Matin**

beIN **SPORTS**

RMC
INFO TALK SPORT

 **EDF**

TYR

Célestin Gaudin/FFN © J. Luskoppot - C. Giffi/Photos - M. Vassal/Impresso

Friday	Saturday	Sunday
Morning	Morning	Morning
Doors Opening 7h00 Competition start 8h30	Doors Opening 7h00 Competition start 8h30	Doors Opening 7h00 Competition start 8h30
1500 Freestyle W (time ranking) 800 Freestyle M (time ranking) 50 Backstroke W (slow heats) 50 Backstroke M (slow heats) 50 Breaststroke W (slow heats) 50 Breaststroke M (slow heats) 50 Butterfly W (slow heats) 50 Butterfly M (slow heats) 400 IM W (slow heats) 400 IM M (slow heats) 800 Freestyle W (slow heats) 1500 Freestyle M (slow heats) Pause 45' (fastest heats warm up) 50 Backstroke W (3 fastest heats) 50 Backstroke M (3 fastest heats) 50 Breaststroke W (3 fastest heats) 50 Breaststroke M (3 fastest heats) 50 Butterfly W (3 fastest heats) 50 Butterfly M (3 fastest heats)	400 Freestyle M (slow heats) 200 Freestyle W (slow heats) 200 Butterfly M (slow heats) 200 Butterfly W (slow heats) 100 Backstroke M (slow heats) 100 Backstroke W (slow heats) 200 Breaststroke M (slow heats) 200 Breaststroke W (slow heats) 200 IM M (slow heats) 200 IM W (slow heats) 100 Freestyle M (slow heats) 50 Freestyle W (slow heats) Pause 45' (fastest heats warm up) 400 Freestyle M (2 fastest heats) 200 Freestyle W (3 fastest heats) 200 Butterfly M (3 fastest heats) 200 Butterfly W (3 fastest heats) 100 Backstroke M (3 fastest heats) 100 Backstroke W (3 fastest heats) 200 Breaststroke M (3 fastest heats) 200 Breaststroke W (3 fastest heats) 200 IM M (3 fastest heats) 200 IM W (3 fastest heats) 100 Freestyle M (3 fastest heats) 50 Freestyle W (3 fastest heats)	400 Freestyle W (slow heats) 200 Freestyle M (slow heats) 100 Butterfly W (slow heats) 100 Butterfly M (slow heats) 200 Backstroke W (slow heats) 200 Backstroke M (slow heats) 100 Breaststroke W (slow heats) 100 Breaststroke M (slow heats) 100 Freestyle W (slow heats) 50 Freestyle M (slow heats) Pause 45' (fastest heats warm up) 400 Freestyle W (2 fastest heats) 200 Freestyle M (3 fastest heats) 100 Butterfly W (3 fastest heats) 100 Butterfly M (3 fastest heats) 200 Backstroke W (3 fastest heats) 200 Backstroke M (3 fastest heats) 100 Breaststroke W (3 fastest heats) 100 Breaststroke M (3 fastest heats) 100 Freestyle W (3 fastest heats) 50 Freestyle M (3 fastest heats)
Afternoon	Afternoon	Afternoon
Doors Opening 15h30 Competition start 17h00	Doors Opening 15h00 Competition start 16h30	Doors Opening 14h00 Competition start 15h30
800 Freestyle W (fastest heat) 1500 Freestyle M (fastest heat) 400 IM W (fastest heat) 400 IM M (fastest heat) 50 Backstroke W (finals C, B, A) 50 Backstroke M (finals C, B, A) 50 Breaststroke W (finals C, B, A) 50 Breaststroke M (finals C, B, A) 50 Butterfly W (finals C, B, A) 50 Butterfly M (finals C, B, A)	400 Freestyle M (finals C et B) 200 Freestyle W (finals C et B) 200 Breaststroke M (finals C et B) 200 Breaststroke W (finals C et B) 100 Backstroke M (finals C et B) 100 Backstroke W (finals C et B) 200 Butterfly M (finals C et B) 200 Butterfly W (finals C et B) 200 IM M (finals C et B) 200 IM W (finals C et B) 100 Freestyle M (finals C et B) 50 Freestyle W (finals C et B) Pause 45' (A finals warm up) 400 Freestyle M (final A) 200 Freestyle W (final A) 200 Breaststroke M (final A) 200 Breaststroke W (final A) 100 Backstroke M (final A) 100 Backstroke W (final A) 200 Butterfly M (final A) 200 Butterfly W (final A) 200 IM M (final A) 200 IM W (final A) 100 Freestyle M (final A) 50 Freestyle W (final A)	400 Freestyle W (finals C et B) 200 Freestyle M (finals C et B) 100 Butterfly W (finals C et B) 100 Butterfly M (finals C et B) 200 Backstroke W (finals C et B) 200 Backstroke M (finals C et B) 100 Breaststroke W (finals C et B) 100 Breaststroke M (finals C et B) 100 Freestyle W (finals C et B) 50 Freestyle M (finals C et B) Pause 45' (A finals warm up) 400 Freestyle W (final A) 200 Freestyle M (final A) 100 Butterfly W (final A) 100 Butterfly M (final A) 200 Backstroke W (final A) 200 Backstroke M (final A) 100 Breaststroke W (final A) 100 Breaststroke M (final A) 100 Freestyle W (final A) 50 Freestyle M (final A)

Engagements

Seuls les nageurs et nageuses, ayant réalisé les temps d'engagement de la grille en annexe, pourront participer sur les nages dans lesquelles ils se sont qualifiés (entre le 15 septembre 2017 et le 4 mars 2018). Seules les performances présentes dans la base fédérale au moment des engagements seront prises en compte).

Pour les clubs français et sélections françaises, les engagements sont à réaliser sur extranat.fr jusqu'au **lundi 5 mars 2018 23h59**.

Pour les clubs ou sélections hors France, merci de nous envoyer un mail avec **NOM, PRENOM, SEXE, DATE DE NAISSANCE COMPLETE, COURSES ET TEMPS D'ENGAGEMENT** à natation@lif-natation.fr **avant le dimanche 4 mars 23h59**.

ATTENTION: LE NOMBRE D'ENGAGEMENTS ETANT LIMITE, LA PRIORITE SERA DONNE AUX PREMIERS CLUBS ARRIVES.

"Prize Money" Golden Tour Sarcelles

Médailles et Récompenses aux 3 premiers de la Finale A sur chaque épreuve ou au 3 premiers au temps toute catégories des épreuves sans finales :

1er: 400 €, 2ème: 200 €, 3ème: 150 €



île de France



AAS SARCELLES | NATATION 95

**Roissy
Pays de
France**

Communauté
d'Agglomération



Women			Races	Men		
18 ans +	16-17 ans	14-15 ans		15-16 ans	17-18 ans	19 ans +
28''79	29''36	30''15	50 NL	27''13	26''19	25''44
1'02''14	1'03''31	1'05''35	100 NL	58''63	56''65	55''09
2'14''42	2'16''76	2'21''64	200 NL	2'08''11	2'03''44	2'00''42
4'44''28	4'48''72	4'58''04	400 NL	4'32''19	4'23''24	4'18''12
9'47''83	9'58''04	10'20''78	800 NL	9'14''90	8'58''34	8'48''34
18'50''51	19'14''81	20'29''98	1500 NL	18'32''12	17'43''82	17'20''02
33''36	34''03	35''42	50 Dos	32''23	30''69	29''84
1'11''53	1'12''90	1'15''92	100 Dos	1'09''06	1'05''82	1'04''15
2'33''78	2'36''36	2'42''05	200 Dos	2'28''32	2'21''71	2'18''67
37''30	38''23	40''25	50 Br	36''32	34''01	32''72
1'21''02	1'23''10	1'26''81	100 Br	1'20''04	1'14''93	1'11''95
2'54''85	2'58''47	3'06''52	200 Br	2'55''74	2'44''17	2'37''98
30''91	31''62	32''96	50 Pap	29''28	27''97	27''09
1'09''56	1'11''58	1'15''98	100 Pap	1'06''23	1'02''51	1'00''35
2'42''11	2'47''35	3'00''76	200 Pap	2'46''75	2'26''80	2'20''26
2'33''24	2'35''86	2'40''99	200 4N	2'26''01	2'20''84	2'17''49
5'26''74	5'33''08	5'47''87	400 4N	5'15''82	5'03''00	4'55''70